

A Dataset of Sustainable Diet Arguments on Twitter

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Workshop on NLP for Positive
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<https://danielhers.github.io/sustainabletweets.pdf>

Some avenues for positive climate impact

Analyzing public discourse

Understanding consumer behavior

Facilitating behavior change

Smart cities

Sustainable diets

"Transformation to healthy diets by 2050 will require substantial dietary shifts. Global consumption of fruits, vegetables, nuts and legumes will have to double, and consumption of foods such as red meat and sugar will have to be reduced by more than 50%. A diet rich in **plant-based** foods and with fewer animal source foods confers both improved health and **environmental** benefits."

Transforming dietary habits

Hard to
change

- Perceptions of taste
- Knowledge and skills
- Cultural and social norms

Existing
interventions

- Communication campaigns
- Nudging and convenience
- Supporting producers and retail

Argumentation

Can AI convince consumers of diverse backgrounds to change their habitual behavior?

What characterizes successful arguments for behavior change in public discourse?



Arguments mining

Given topic, extract relevant arguments from large text corpus

Topic: *We should abandon Valentine's day*

The Canadian polling firm Insights West **surveyed** a representative sample of Canadians who are in a relationship and found that **62 percent** agreed that **Valentine's Day** is a waste of time and **money**.

A recent **survey** by Virgin Mobile USA found that **59 percent** of people said that if they were going to break up with someone, they would do so just before **Valentine's Day** to save **money**.

A dataset of sustainable diet arguments on Twitter

1

Corpus of 32840
English tweets

2

600 arguments
annotated for 5
topics

3

Trained and
evaluated
argument mining
models

Topics:

We should reduce the
consumption of meat

Plant based food should be
encouraged

Meat alternatives should be
encouraged

Vegan and vegetarian diets
should be encouraged

We should pursue policies that
promote sustainable foods



Topics for annotation

Topic – a short, usually controversial statement that defines the subject of interest; it is **clear** and **dividing** where claim and evidence have a **clear stance** towards it.

Topics for annotation

We should reduce the consumption of meat

Plant based food should be encouraged

Meat alternatives should be encouraged

Vegan and vegetarian diets should be encouraged

We should pursue policies that promote sustainable foods

Obtaining tweets for annotation

Scraping:

1

Manual list of
patterns for
each topic

2

Retrieve a set
of English
tweets

3

Remove non-
language
tweets

4

Total corpus
of 32840
tweets

Obtaining tweets for annotation

Filtering:

Informational
retrieval model
scores tweets on
topics

Randomly sample
250 tweets and
combine them with
347 IR tweets

Condensed set of
597 English tweets
for crowd
annotation

Annotation methodology

Labels:



Argumentative - text contains argumentative structures such as claims or evidence while having a clear stance towards a topic



Claim – a standpoint towards the discussed topic implicitly or explicitly



Evidence - statement used to support or attack a topic or claim



Pro/con - the stance of a claim or the evidence towards the discussed topic

Types of evidence



Anecdotal: A description of an episode(s), centered on individual(s) or clearly located in place and/or in time.



Expert: Testimony by a person, group, committee, an organization with some known expertise/authority on the topic



Study: Results of a quantitative analysis of data, given as numbers, or as conclusions.



Fact: A known piece of information without a clear source, regardless of whether it is a *true* fact or not.



Normative: Description of a belief or value the author holds.

Examples: evidence types

Anecdotal	<i>We are on the green bean diet here, too! I love them. Mom hasn't tried broccoli 🤔</i>
Expert	<i>Many fruit & veg (which contain natural acid) don't trigger flare ups- The list is long and varied (obs this may not apply to you) but after a little digging I found some doctors do recommend a plant based diet to ease the inflammation. Going meatless is even recommended by ICA</i>
Study	<i>According to a 2022 study, eating an optimal #diet of whole grains, legumes, fish, fruits, vegetables and nuts can improve life expectancy by how many years?</i>
Fact	<i>Hey eco-friendlies! The well known high-carbon company McDonalds produces 1.5 MILLION tonnes of food packaging alone 😬! Fun fact carbon footprints are important! Tune in for more behind closed door stats!</i>
Normative	<i>The dangerous of this thing is that our vegan extremists will start interfering in this..</i>
Unrelated/no evidence	<i>Give your children healthy food to avoid the dad bod haha</i>

Examples

Lol - and the wash post is the PR firm and Whole Foods is the official food supplier

Not argumentative

Topic: T5 (We should pursue policies that promote sustainable foods). Tweet: It would also be nice if our government could begin subsidizing more sustainable options (like plant based meat) vs things like beef but... i digress

**Pro claim +
normative evidence**

Topic: T2 (Plant based food should be encouraged). Tweet: Green taxes go into subsidizing development and production of green energy solutions. If we were on 100% renewables, our electricity prices would not have needed to go up. We need to move into self-sufficient green energy as soon as possible

**Argumentative but
unrelated**

Topic: T1 (We should reduce the consumption of meat). Tweet: Yes but to be fair: we can expect a massive increase in meat and dairy consumption in emerging countries that will severely limit the impact of whatever we do.

**Con claim +
normative evidence**

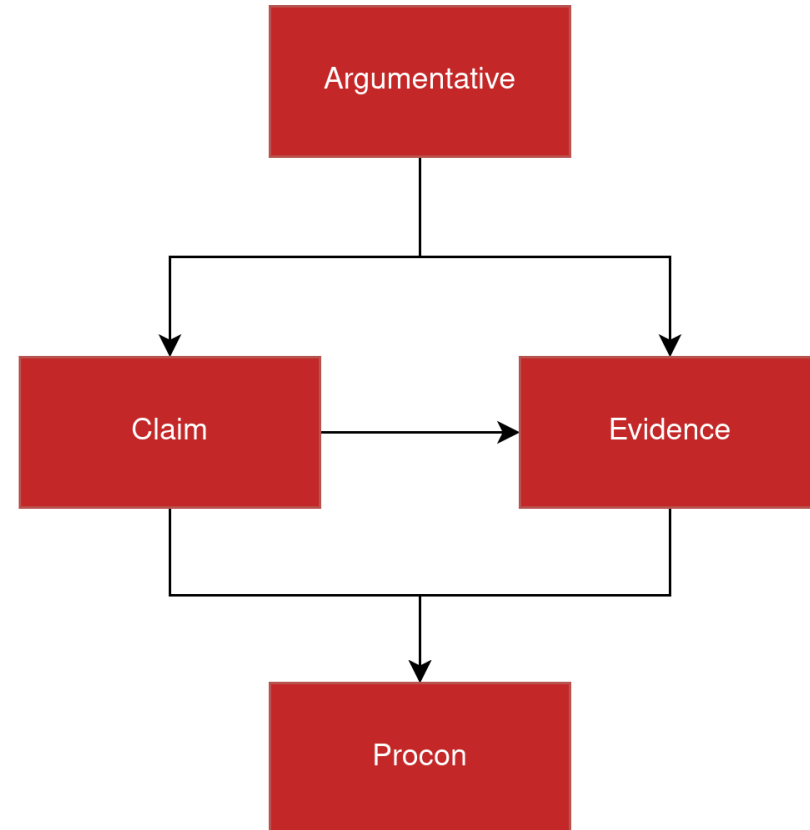
Annotation methodology

597 tweets for 5 topics

Amazon Mechanical Turk

5 workers per instance

Completed in 4 rounds



Dataset statistics

Tweets Arg

597

387

ADUs

Claims

Evidence

Claims with
evidence

Pro

Con

We should reduce the consumption of meat

118

63

89

34

77

37

Plant based food should be encouraged

130

92

85

47

89

38

Meat alternatives should be encouraged

85

42

63

20

58

27

Vegan and vegetarian diets should be encouraged

156

106

112

62

99

54

We should pursue policies that promote sustainable foods

140

60

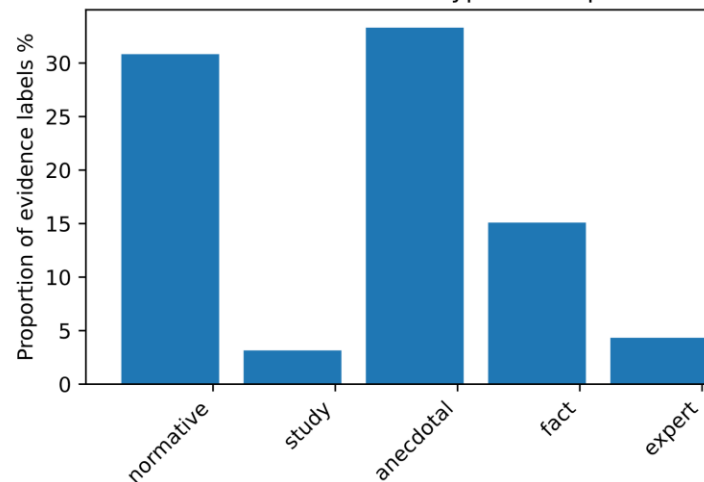
113

33

96

37

Evidence types in corpus



Argument mining experiments: baselines



Majority Class

Random Class

BM-25

multi-qa-MiniLM-L6-cos-v1

IBM Debater API

Argument mining experiments: models



RoBERTa +
XGBoost

RoBERTa+
XGBoost [SEP]

Fine-tuned
RoBERTa model

Results summary



XGBoost is a strong starting point for argument mining



IBM Debater API a robust zero-shot model for argumentation tasks

Potential applications



Surveying public attitudes and exposing misinformation



Generation of convincing arguments for communication campaigns



Understanding public knowledge of sustainable diets

Summary

Dataset and models
for mining
sustainable diet
arguments on Twitter



Code and data:

<https://github.com/danielhers/sustainable-diet-arguments-twitter>

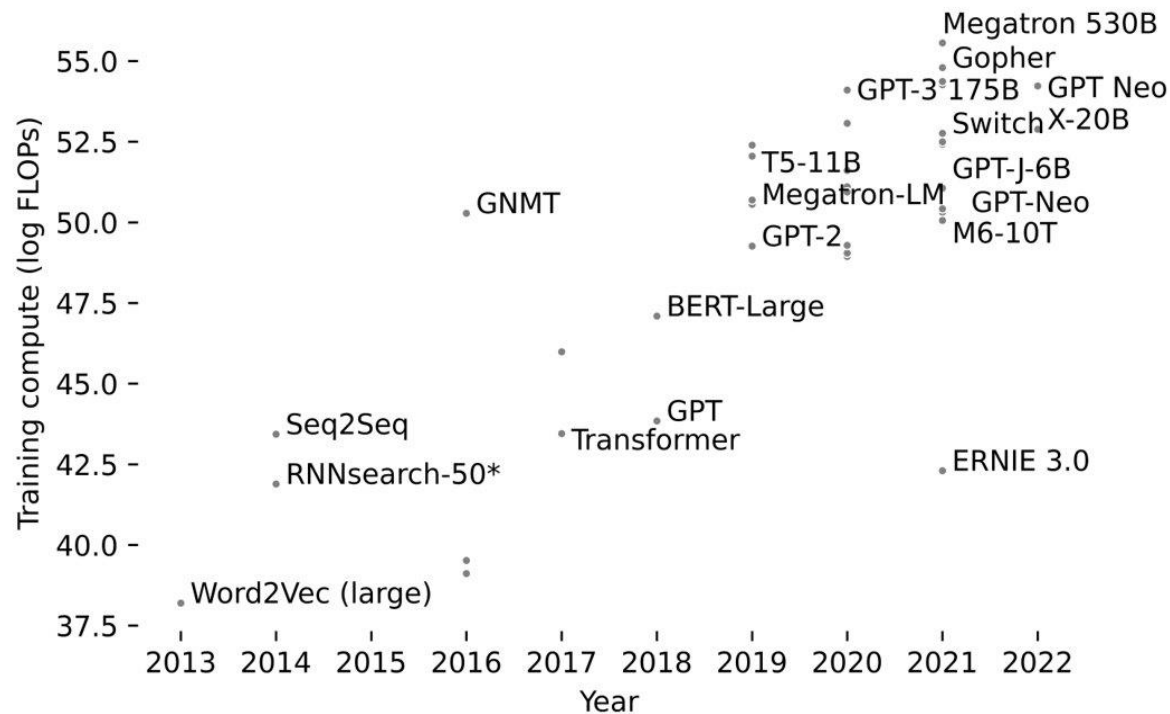
Contact:

danielhers.github.io
dh@di.ku.dk



Climate impact of NLP

Models grow exponentially and take longer to train



[Towards Climate Awareness in NLP Research](#) (Hershcovich et al., EMNLP 2022)

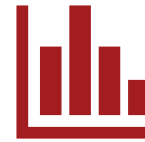
What can we do?



Release trained models
to the public



Report duration of model
training



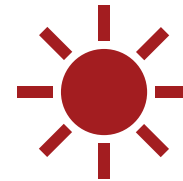
Report energy
consumption of model
training



Report location of
computations



Report calculated GHG
emissions



Positive climate impact

Diverse perspectives

Tweet	Aspects	Stance
(1) Many fruit & veg (which contain natural acid) don't trigger flare ups- The list is long and varied (obs this may not apply to you) but after a little digging I found some doctors do recommend a plant based diet to ease the inflammation. Going meatless is even recommended by ICA	Health	Positive
(2) People have been making meat alternatives for centuries for various reasons. If people want to eat a meat analogue that causes much less death and environmental destruction, what's your problem?	Culture, ethics	Positive
(3) Fair enough tbh, I can't become vegan or vegetarian due to personal reasons but the way animals are treated in the food industry is absolutely disgusting	Lifestyle, ethics	Positive
(4) Switch to plant based diets to reduce food costs and benefit climate	Economy, climate	Positive
(5) More people employed in plant based food production	Economy	Positive
(6) Yes but to be fair: we can expect a massive increase in meat and dairy consumption in emerging countries that will severely limit the impact of whatever we do	Economy	Negative

Climate performance model card

Fine-tuned RoBERTa

Information	Unit
1. Is the resulting model publicly available?	No
2. How much time does the training of the final model take?	105 Sec- onds
3. How much time did all model experiments take (incl. hyperparameter search)?	4228 seconds
4. What was the energy consumption (GPU/CPU)?	333 Watt
5. At which geo location were the computations performed?	Den- mark
6. How much CO ₂ eq was emitted to train the final model?	0.975g
7. How much CO ₂ eq was emitted for all experiments?	39g

Climate performance model card

RoBERTa embeddings + XGBoost

Information	Unit
1. Is the resulting model publicly available?	No
2. How much time does the training of the final model take?	57 Seconds
3. How much time did all model experiments take (incl. hyperparameter search)?	456 seconds
4. What was the energy consumption (GPU/CPU)?	28 Watt
5. At which geo location were the computations performed?	Denmark
6. How much CO ₂ eq was emitted to train the final model?	0.08g
7. How much CO ₂ eq was emitted for all experiments?	3.5g

Inter-annotator agreement

Argumentative: 0.49

Claim: 0.47

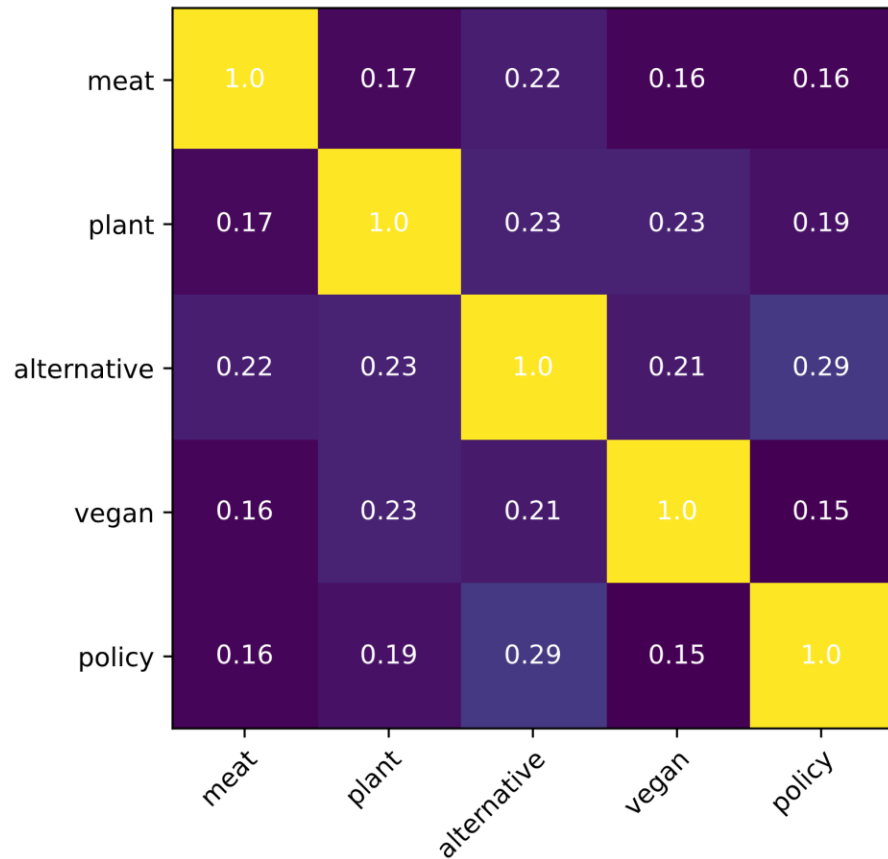
Evidence: 0.15

Pro/con: 0.63

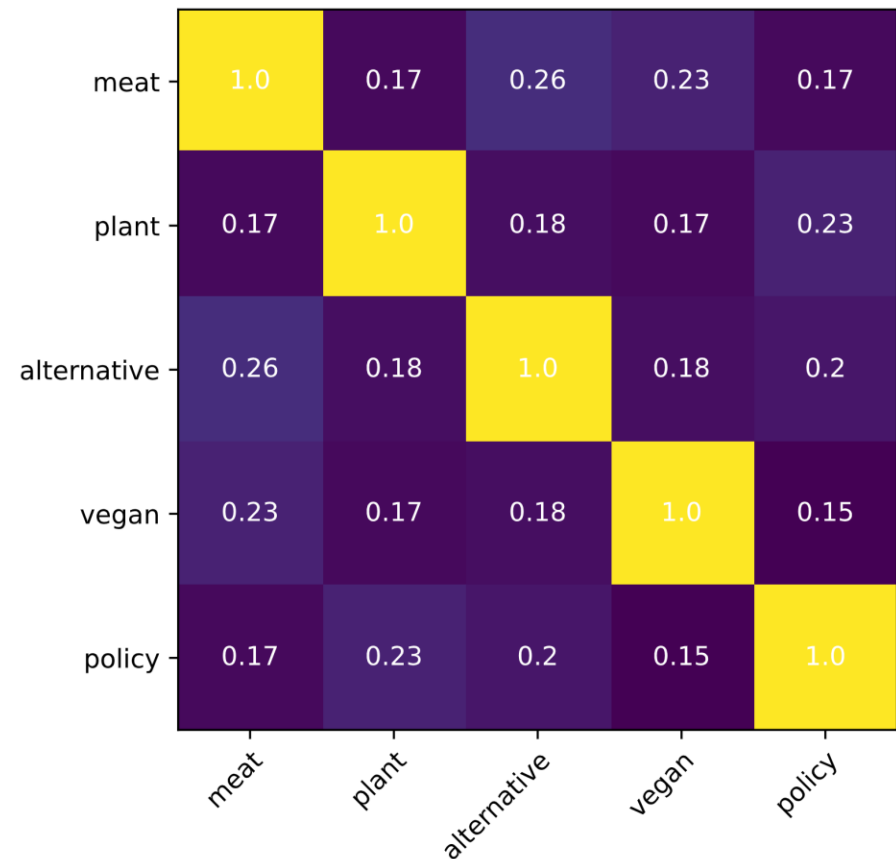
(Cohen's kappa)

Topic overlap

Claims



Evidence



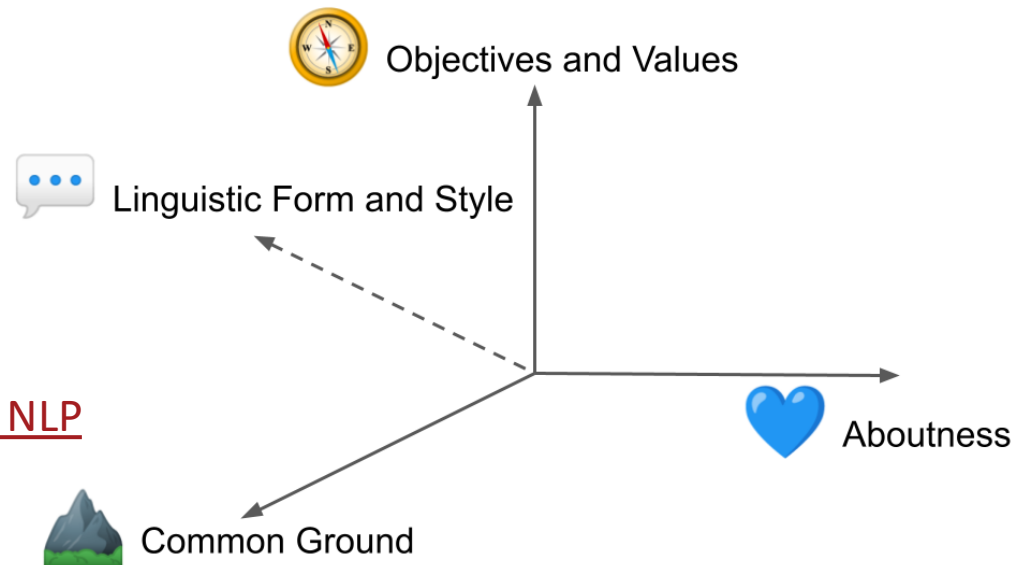
Facilitate systematic understanding

Mapping out consumer opinions

- Social media
- Local groups



Different arguments are convincing for different social groups



Challenges and Strategies in Cross-Cultural NLP
(Hershcovich et al., ACL 2022)